

Ditching Devices Parent Workshop

We are excited to invite our Early Mental Health Practitioner into school on Wednesday 12th November at 14:00. Learn about the impact that gaming, social media and over-usage of devices has on emotional well-being and self-esteem. In the session we will support you in thinking about the next steps you can take as a parent/carer to reduce any negative impact.

It will be a relaxed parent session and younger siblings are more than welcome.

Teas and coffee will be available.

We hope to see you there!



October Half Term

Half term is just around the Corner. See the attached posters for some local events happening to keep the children entertained.

KIDS HALLOWEEN PARTY

4pm - 6pm - Friday 31 October - The Caygill Rooms

Price: £12.00 per child (includes 1 x accompanying adult) Extra adult: £2.50

Join us for a spooktacular afternoon of Halloween fun.

**Spooky games with prizes!
Fancy dress competition!**



Lively kids disco with DJ including all your favourite party dances.
Halloween glitter tattoos.
Witches mocktail for every child and a ghoulish goody bag to take home.

thepiecehall.co.uk

Christmas Collection

After your kind donations last year, we would love to fundraise for children in our local community again this year.

We are asking for any kind donations of pyjamas, dressing gowns or slippers. Please can we ask for donations to be brought in by **Friday 7th November** and school staff will take our donations to, The Clothing Bank in time for the festive season.



Christmas Donation Appeal

Put a smile on the face of a child in need this Christmas

For Christmas this year, we want to make sure that **every child we support receives a brand new outfit.**

From newborns, toddlers, teenagers and young adults, we hope to spread festive cheer to as many children as possible – up and down the country – with brand new outfits and pyjamas.

But we need your help.
Perhaps you could pick up an extra item of clothing when you do your Christmas shopping this year?

Or help us spread the word by sharing this poster?

However you can support us, it won't go unnoticed!

Find your local donation drop-off point at theclothingbank.org.uk/locations

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace

NHS

Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



Free Parent Courses

The NHS are providing some brilliant free courses which parents can access at home. From sleep, post-natal advice to understanding your child's brain and emotional development, the courses really support parents in understanding some of the changes that happen, and approaches for parents to support their child to thrive!



Residents of WAKEFIELD

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