

#### Welcome

Our Designated Safeguarding Team consists of Miss Kelly, Mrs Kendall, Mrs Hemingway and Mr Lee. If you have any concerns about a child or family, please speak to one of these staff members.

They can be contacted via the main school office, (01924 242917) or by email, to headteacher@daneroyd.com (Please mark FAO: DSL/Safeguarding Concern)

Our school website has a dedicated Safeguarding page, offering a wealth of information to support our families in the local area, from professional bodies in Wakefield, uniform and food help, to mental health services and support. Please use the link to access further information.

https://www.daneroyd.com/family-support

#### Growing Healthy in Wakefield - FREE App

Parents, grandparents, carers and young people in the Wakefield district are being encouraged to download the new Growing Healthy 0-19 Service App, designed to support the health development and wellbeing of children, young people and their families.

The app is tailored to the local area and can provide information relevant to the Wakefield district. The app provides information including videos on a wide range of topics such as antenatal care; infant feeding, diet and nutrition, child development; perinatal, infant and child emotional health; children with special educational needs; and making sure your child is ready for school.

Mums, dads and partners can access a wide range of accessible self-help guidance and support, whilst children and young people can take advantage of the activity tracker and health promotion resources included on the app.

The app also provides information on accessing the service, including family and youth hubs, local support groups and activities available across the Wakefield district. The app is interactive so that users can provide feedback on their experience of the Growing Healthy Wakefield 0-19 Children's Service.

The app can be downloaded now for free from the Google Play Store and Apple App Store. Simply search HDFT - Children's Health Service App.

# September 2023 – Well-being/Safeguarding Newsletter

## ICON Raising Awareness of Infant Crying and How to Cope

ICON is a programme adopted by health and social care organisations in the UK to provide information about infant crying, including how to cope, support parents/carers, reduce stress and prevent abusive head trauma in babies.

Research shows that some parents and caregivers can lose control when a baby's crying becomes too much. Some go on to shake a baby with devastating consequences.

Abusive Head Trauma (AHT) causes catastrophic brain injuries, which can lead to death, or significant long-term health and learning disabilities.

The ICON imitative aims to spread the messages to help normalise infant crying and share coping techniques to help parents to deal with the stress it can cause. The programme delivers four simple messages before the birth and in the first few months of a baby's life:

I - Infant crying is normal;

C -Comforting methods can help;

O - It's OK to walk away;

N - Never, ever shake a baby.

For more information and support, please scan the QR code or speak to one of the DSL team in school.





ICON Week 2023 25 to 29 September

Babies cry... ...you can cope!

WDDAS - 0800 9151561

Home-start Wakefield - 01924 251205

Wakefield Health (0-19) - 01924 310130

Wakefield Contact Centre - 0345 8506506



### E-Safety and Safeguarding

As we navigate through the digital era, it is our responsibility as adults to address the important issue of online safety with our children. Our paramount goal is to ensure the safety and well-being of our students and we would appreciate your cooperation and support in helping us to empower our children to navigate the digital world responsibly and make informed decisions about their online presence.

On this page you will find the minimum age for various social media platforms, online messaging services and livestreaming apps. We understand that children may express a desire to join and use these at an earlier age, yet as responsible adults, it is our duty to guide and protect them from potential risks. As a school, we would therefore highly recommend having open and honest conversations with your child around the reason that these age restrictions are put in place to protect children from potential online risks and to safeguard their emotional well-being.

Should you require any further information or have specific concerns, please do not hesitate to contact myself or another DSL in school. We firmly believe that by working together, we can create a safe and secure online environment for our children.

Thank you for your cooperation and continuous support,

Mr Lee

(Online Safety Leader/DSL)



#### Facebook

Age rating: 13+

Main features: newsfeed to share text, photos & videos, instant messaging, marketplace, friends, likes and comments.



#### <u>Instagram</u>

Age rating: 13+

Main features: photo & video sharing, livestreaming, stories, DMs, hashtags.



#### Snapchat

Age rating: 13+

Main features: photo & video messaging, snaps,





#### TikTok

Age rating: 13+

Main features: making & sharing short videos,

#### lip-syncing.



X (Twitter)
Age rating: 13+

Main features: tweets (text with restricted character count), photo and video sharing,

#### hashtags.



Twitch Age rating: 13+

Main features: popular with gamers, Twitch is a live streaming site and app for users 13+ that lets you stream live gameplay for others to watch and

#### comment on in real time.



<u>Discord</u> Age rating: 13+

Main features: online voice, text and video

messaging platform .

#### WhatsApp

Age rating: 16+

Main features: text, photo & video sharing, one to one and group chats, disappearing messages. End to end encrypted. Live location sharing.

#### Facebook Messenger

Age rating: 13+

Main features: messages, photos, videos and audio recordings, and play games with your Facebook and Instagram friends and phone contacts. You need a Facebook or Instagram

#### account to use Messenger.

#### Online Safety Teaching

Online safety lessons are taught in year groups. Age-appropriate content is taught following a pre-assessment of the children's knowledge and understanding and a post-assessment is used to inform teachers of pupil progress. Please see the table below to see the online safety topics being discussed each half term.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Whole School	Self-Image and	Online	Managing Online	Health, Well-	Privacy and	Copyright and
Online Safety	Identity	Relationships	Information	Being and	Security	Ownership
Strand				Lifestyle		
	Online Bullying					
				Online		
				Reputation		

### Safeguarding

Raising a family can have its difficulties and challenges, but just know that when you need support, there are people and places on hand who can talk to you to find the help you need. Family Hubs provide a venue and a linked network of local community venues, specialist services and partner organisation so that to you can access early help, meet other local families, take part in activities, and join helpful groups.

## Castle Family Hub

# What's On Guide

Groups for families and children aged 0-18 years (and SEND up to 25 years)



	ur Groups and Activities are Free of Charge	*Contact the Hub to book your place Programmes for Everyone			
T)	AM	PM			
	*Triple P 11:00am to 1:00pm	*Early Years Parenting 1:15pm to 2:15pm Baby Group (Term time only) 1:30pm to 3:00pm			
	*Parental Well Being 9:30am to 11:00am  *Chit Chat- Community Room (4-sessions) Speech and Language Therapy (SALT)				
	9:30am to 12:00pm *Empowering Parents Empowering Communities (EPEC) 9:00am to 3:30pm				
	*Sandal Castle Drop In 11:30am to 1:30pm	Stay & Play (Term time only) 1:30pm to 3:00pm  *Young Carers Group 3:30pm to 5:00pm			
	*Baby Massage Starts on the 21st of April 10:00am to 11:30am Please call to be put on the waiting list	*Parents To Be Please call for further information.			
	*Behaviour, Exercise & Anger Management (BEAM) Tuesdays - 3:30pm to 4:30pm - Please call for further information.  *Bookstart Please call for further information.				
	*Freedom Programme Please call for further information.  *Young Carers Group				
	Various days. Please call for further information.  *Paediatric First Aid  Please call for further information.				
₹	Balne Lane Stay & Play Thursday 1:15pm to 2:45pm (Term time only) at Balne Lane Community Centre WF2 0DP				
	Dads Group Trinity Rugby Club Wakefield Trinity Stadium, every Wednesday afternoon from 3:30pm to 5:00pm				
	Connect Café Coming Soon - Turn over for more information.				

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WFTCastleFamilyHub@wakefield.gov.uk

CastleFamilyHub

Last Updated: 04/05/2023

www.wakefieldfamiliestogether.co.uk